

20 Questions....

1. What does ***trust*** look like to you?
2. How do you describe ***sadness or loneliness*** for you?
3. What does ***anger*** look like for you?
4. How does someone show ***remorse*** or ***apologize*** to you?
5. How should **affection** be offered towards you?
6. What brings you ***joy*** as compared to what is ***boring*** to you?
7. What are the causes/triggers of ***fear*** or ***anxiety*** for you?
8. What are the consequences of ***hurting*** you?
9. How does someone **support** you and your goals/dreams?
10. What does ***guilt*** & ***shame*** look like for you?
11. What type of **attention** do you like?
12. What does ***vulnerability*** look like for you?
13. When do you *feel* **accepted** by me?
14. How do I show up when ***grief*** occurs for you?
15. How does someone be ***courageous*** for you?
16. What is your response to ***conflict***?
17. What is a memory of ***pleasure*** or ***euphoria***?
18. How do you feel **appreciated** by me?
19. What does a ***safe*** conversation look like?
20. How do my actions convey - I ***love*** you?